

SPIRITUAL FORMATION | PRAYER + MEDITATION | FASTING | SIMPLICITY | WORD | CONFESSION | SOLITUDE + SILENCE | **WORSHIP + CELEBRATION** | SABBATH | SERVICE

# RHYTHMS





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A photograph of a church service. In the foreground, a man in a white shirt is seen from behind, with his arms raised in a gesture of worship. The background is filled with other people, some of whom are also raising their hands. A band is visible in the distance, performing on a stage. The lighting is dim, with a warm glow from a vertical light fixture on the left. The overall atmosphere is one of spiritual celebration.

# WORSHIP + CELEBRATION



**Worship is an appropriate response  
to God revealing himself.**





**It's worship,  
or it's idolatry.**





**When we see God,  
we worship.**





**“...we have not worshiped the Lord  
until Spirit touches spirit.”**

- Richard Foster, *Celebration of Discipline*



### **Colossians 3:15-17** NIV

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. <sup>16</sup> Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. <sup>17</sup> And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.



# Sacred Pathways:

## Nine Ways to Connect with God

— GARY THOMAS

1. **naturalists:** loving God outdoors
2. **sensates:** loving God with the senses
3. **traditionalists:** loving God through ritual and symbol
4. **ascetics:** loving God in solitude and simplicity
5. **activists:** loving God through confrontation
6. **caregivers:** loving God by loving others
7. **enthusiasts:** loving God with mystery and celebration
8. **contemplatives:** loving God through adoration
9. **intellectuals:** loving God with the mind



# Communion

come forward, receive, and hold the elements

*\*elements are gluten free*



A photograph of communion elements. In the foreground, a single square piece of golden-brown bread sits on a white paper napkin. Behind it, a clear glass is partially filled with a dark red liquid, likely wine. The background is filled with a large quantity of similar bread pieces, some whole and some broken, creating a sense of abundance. The lighting is soft and focused on the central elements.

# Communion

come forward, receive, and hold the elements

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LEADER: *Go in peace to love and serve the Lord.*

PEOPLE: ***Thanks be to God.***





Looking for prayer?

**The Prayer Team is  
available to pray with you**

[fellowshipmosaic.org/pray](https://fellowshipmosaic.org/pray)

Looking for connection?

**Visit the Info Booth  
in the foyer for next steps**

[fellowshipmosaic.org/imnew](https://fellowshipmosaic.org/imnew)

